

**PRAYERS READ WHEN
IT HAPPENETH THAT ONE
IS TEMPTED IN SLEEP
BY THE MALICE OF THE DEVIL**

*Arising from bed, make three prostrations, saying:
O God, be merciful to me a sinner.*

In the Name of the Father, and of the Son, and of the Holy Spirit.

Glory to Thee, our God, glory to Thee.

Heavenly King, Comforter, the Sprit of truth, Who art everywhere present and fillest all things; Treasury of good things, and Giver of Life: Come and dwell in us, and cleanse us of all impurity and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
(Thrice)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever and unto the ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, wash away our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (Thrice)

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever and unto the ages of ages. Amen.

Our Father Who art in the heavens, hallowed be Thy name; let Thy kingdom come; let Thy will be done also on the earth, as in heaven; Give us today our daily bread; and forgive us our debts, as we also forgive our debtors; and let us not be brought into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, Lord Jesus Christ, have mercy on us. Amen.

Lord, have mercy. **(12x)**

Glory to the Father, and to the Son, and to the Holy Spirit. Both now and ever and unto the ages of ages. Amen.

O come, let us worship and fall down before our King and God.

O come, let us worship and fall down before Christ our King and God.

O come, let us worship and fall down before Him, Christ the King and our God.

Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression.

Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.

Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.

Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded.

Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar.

Psalm 142

O Lord, hear my prayer, give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness.

And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified.

For the enemy hath persecuted my soul; he hath humbled my life down to the earth.

He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled.

I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands.

I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land.

Quickly hear me, O Lord; my spirit hath fainted away.

Turn not Thy face away from me, lest I be like them that go down into the pit.

Cause me to hear Thy mercy in the morning; for in Thee have I put my hope.

Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul.

Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God.

Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me.

In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies.

And Thou shalt cast off all them that afflict my soul, for I am Thy servant.

Psalm 69

O God, be attentive unto helping me; O Lord, make haste to help me.

Let them be shamed and confounded that seek after my soul.

Let them be turned back and brought to shame that desire evils against me.

Let them be turned back straightway in shame that say unto me: Well done! Well done!

Let them be glad and rejoice in Thee all that seek after Thee, O God, and let them that love Thy salvation say continually: The Lord be magnified.

But as for me, I am poor and needy; O God, come unto mine aid.

My helper and my deliverer art Thou, O Lord; make no long tarrying.

The Doxology

Glory to God in the highest, and on earth peace, good will among men.

We praise Thee; we bless Thee; we worship Thee; we glorify Thee; we give thanks to Thee for Thy great glory.

O Lord, Heavenly King, God the Father Almighty.

O Lord, the Only Begotten Son, Jesus Christ, and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who takest away the sin of the world: Have mercy on us, Thou Who takest away the sins of the world.

Receive our prayer, Thou Who sittest at the right hand of the Father; and have mercy on us.

For Thou only art holy; Thou only art the Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy name for ever, yea for ever and ever.

Lord, Thou hast been our refuge from generation to generation. I said: O Lord, have mercy on me; heal my soul, for I have sinned against Thee.

Lord, unto Thee have I fled for refuge; teach me to do Thy will, for Thou art my God.

For in Thee is the fountain of life; in Thy light shall we see light.

O continue Thy mercy unto them that know Thee.

Vouchsafe, O Lord, to keep us this day/night without sin.

Blessed art Thou, O Lord, the God of our fathers, and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

Blessed art Thou, O Lord, teach me Thy statutes.

Blessed art Thou, O Master, grant me understanding of Thy statutes.

Blessed art Thou, O Holy One, enlighten me by Thy statutes.

O Lord, Thy mercy endureth for ever; disdain not the works of Thy hands.

Unto Thee is due praise, unto Thee is due song, unto Thee glory is due, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

The Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages;

Light of Light: true God of true God: begotten, not made; being of one essence with the Father: by Whom all things were made;

Who for us men, and for our salvation, came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man.

And was crucified for us under Pontius Pilate, suffered and was buried;

And arose again on the third day according to the Scriptures,
And ascended into the heavens and sitteth at the right hand of the Father;

And shall come again, with glory, to judge both the living and the dead: Whose kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life: Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified:

Who spake by the prophets.

In One, Holy, Catholic, and Apostolic Church.

I confess one baptism for the remission of sins.

I look for the resurrection of the dead:

And the life of the age to come. Amen.

O God, absolve, remit and pardon our voluntary and involuntary sins, in word and deed, known and unknown, by day and by night, in mind and thought; forgive us all in Thy goodness and love of mankind.

Then say the dismissal hymn and kontakion for the day, if known; then the following penitential hymns:

I have sinned against Thee, O Saviour, as did the Prodigal Son; accept me in repentance, O Father, and have mercy on me, O God.

I cry unto Thee, O Christ Saviour, with the voice of the Publican: be Thou gracious unto me, as Thou wast unto him, and have mercy on me O God.

To the Theotokos

Do thou show thy protection and speedy help to us, and thy mercy upon all thy faithful servants, Maid; and becalm, O most pure One, every stormy wave of all vain and futile thoughts; and do thou resurrect my fallen soul, O blessed Theotokos; for I know, yea, I know, O blest Virgin, that thou canst do whatsoever thou dost will.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
(3x)

Glory to the Father, and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, wash away our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities, for Thy name's sake.

Lord have mercy. **(3x)**

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father Who art in the heavens, hallowed be Thy name; let Thy kingdom come; let Thy will be done also on the earth, as in heaven; Give us today our daily bread; and forgive us our debts, as we also forgive our debtors; and let us not be brought into temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, Lord Jesus Christ, have mercy on us. Amen.

Then the following penitential hymns are read:

As he who fell among the thieves and was sorely wounded, I too have fallen because of mine own sins, and my soul is gravely wounded. Unto Whom shall I flee for refuge, I who have brought this upon myself, except unto Thee, the compassionate healer of souls. Pour out upon me, O God, Thy great mercy.

I have come unto Thee, O Compassionate One, as did the Prodigal Son. Receive me, as I fall down before Thee, as one of Thy hired servants, O God, and have mercy on me.

Having fallen among the thieves of mine own thoughts, my mind hath been stripped from me, the miserable one; and all my soul is terribly wounded, and I lie there in the path of life naked of any virtue. The priest, seeing me in the agony of mine unhealable wounds, looks past me and doth not attend unto me. And again, the Levite, unable to bear my soul-destroying pain,

he too, seeing doth not attend unto me. But Thou, Who in Thy good will wast incarnate, not from Samaria, but from Maria, O Christ God, in Thy man-befriending manner grant me healing, pouring upon me Thy great mercy.

I bring to mind that fearful day, and I mourn for my evil actions. How shall I render an account to the immortal King? With what boldness shall I, the prodigal, look unto the Judge? O merciful Father, Only-begotten Son, and Holy Spirit have mercy on me.

In that valley of tears, in that place which Thou hast ordained, when Thou sittest, O Merciful One, to make that just judgment, do not make public all my hidden deeds, nor shame me before the Angels; but spare me, O God, and have mercy on me.

Glory to the Father and to the Son and to the Holy Spirit.

It is I who am that unfruitful tree, O Lord, bearing no fruit of compunction at all; I fear being cut down at my very roots, and I cringe at that fire that is never quenched. Wherefore I beseech Thee: Before that violent moment give me repentance and save me.

Now and ever, and unto the ages of ages. Amen.

Thou are the good hope of the world, O Virgin Theotokos; Thy fearsome protection only do I seek. Have compassion upon me, the sinner, and entreat the merciful God to save my soul from every threat, thou only blessed One.

Lord have mercy. *(40x)*

A Prayer by the Monk Mark

O undefiled, pure, all-merciful Lord, Who in taking on Thy humanity didst free our nature from corruption; and by uniting it with that which is superior didst totally sanctify it; Thou Who unto those who confidently believe in Thee, the only true One, dost grant richly of Thy grace; Thou Who hast shamed that ancient and arrogant one who tripped us up in the weakness of the

flesh; do Thou, the same beneficent Lord, cleanse me the passionate and sin-loving one, who hast been defiled by mine imaginings during sleep, of every impurity of body and soul. Account this not unto me as a sin, whether I was defiled by a dream borne of the malice of that unnamed and good-hating demon, or whether by immoderation in hurtful things, or whether by evil habit and overbearing presumption. From this time forward, strengthen me against his sinister rage by Thine all-powerful grace and preserve me above his various evil plans, maintaining the lamp of my chastity undimmed unto the end. So that, being rescued from the ticklings of abominable passions and from the fearsome gloom of nighttime fantasies by Thy power, I may meditate day and night upon the luminous vision of Thy judgments, which are sweeter and more to be desired than honey and honey-comb; and with purity of conscience, I may be deemed worthy to participate in Thy life-giving and immortal Mysteries. Through the intercession of Her who bore Thee without corruption, our most-pure Lady, the Theotokos and Ever-virgin Mary, and of all the Saints. Amen.

A Prayer by Saint Basil

O all-merciful, incorrupt, pure, undefiled, only sinless Lord, cleanse me, Thy useless servant from all defilements of body and soul, and from this impurity which hath happened to me because of my carelessness and indifference, together with all mine other iniquities. Purify me of every stain by the grace of Thy Christ; sanctify me by sending down Thy Holy Spirit; so that, rising up from the fog of mine impurities and the fantasies of the devil, and from every diabolical defilement, I might be made worthy in pure conscience to open my foul and polluted mouth to praise Thine all-holy Name of the Father, the Son and the Holy Spirit; and thereby to participate guiltlessly and uncondemned in the most pure, immortal, most holy and life-giving Mysteries of Thine only-begotten Son, our Lord and God and Saviour Jesus Christ; with Whom Thou art blessed, together with Thine all holy, and good, and life-creating Spirit, now and ever, and unto the ages of ages. Amen.

Another Prayer of St. Basil or of St. Martinianos

Again have I the wretched one been tripped up in my mind by serving my evil and sinful habits. Again I am dragged as a captive by the prince of darkness and the father of passionate pleasure; and as a slave, humiliated by his will, he forces me to serve the desires of the flesh. And what am I to do, O Lord, O Lord, redeemer and defender of all who hope in Thee; but to turn again to Thee, and sigh, and beg forgiveness for the things which I have done. But I fear and tremble that perhaps even though I confess daily and try to avoid harmful things, yet still I cease not to sin every hour, and fail to render my prayer to Thee, my God, I might yet incite Thy patience unto wrath. And who can bear Thine anger, O Lord? Wherefore, knowing the multitude of Thy compassions and the abyss of Thy love for mankind, again I throw myself upon Thy mercy, and I cry unto Thee, saying: I have sinned, O Lord; have mercy upon me, the fallen one. Grant unto me Thy hand in help, who am sunk in the pit of pleasures; and do not abandon me, O Lord, Thy servant, to be destroyed by mine iniquities and my sins. Rather, in Thy usual goodness deliver me from the pollution and the stain of my flesh and from my passionate thoughts which in every way defile my miserable soul. Behold, O Lord my God, there is not even one place in it that is clean, but it is altogether leprous; my body is itself one great wound. Let Thou Thyself, therefore, as the healer of souls and the wellspring of life, cleanse my soul with tears which Thou shalt pour out upon me abundantly. Grant me healing and cleansing, and turn not Thy face from me, lest the darkness of despair consume me as fire. But as Thou Thyself, the all-true God, hast said that there is joy in heaven at the return of a sinner, let this be unto me, a sinner. Close not the ears of Thy compassion against the prayer of my repentance; but open them unto me and direct my prayer before Thee as incense. Thou, the Creator, knowest the weakness of our nature, how easily we slip in our youth; yet Thou overlookest the sins and Thou acceptest the repentance of those who confess to Thee in truth. For Thou alone art sinless, and unto Thee we send up glory, now and ever, and unto the ages of ages. Amen.

After these prayers, we do fifty prostrations, saying at each one:

"O God be gracious to me, a sinner, and have mercy on me, for Thy holy Name's sake."

Or we say:

"I have sinned against Thee, O Lord, forgive me the prodigal."

Then we read these prayers:

Thou Who at all times and at every hour, in Heaven and on earth art worshipped and glorified, O Christ God, Who art longsuffering, plenteous in mercy, most compassionate; Who lovest the righteous and who hast mercy on sinners; Who callest all to salvation through the promise of good things to come. Receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with Thy holy angels, that, guided and guarded by their array, we may attain to the unity of faith and the knowledge of Thine unapproachable glory; for blessed art Thou unto the ages of ages. Amen.

More honourable than the cherubim, and beyond compare more glorious than the seraphim, thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

The Prayer of Saint Mardarios

Sovereign God, the Father Almighty, O Lord, the Only-begotten Son, Jesus Christ, and Thou, O Holy Spirit, one Godhead, one Power, have mercy on me, a sinner; and by the judgments which Thou knowest save me, Thine unworthy servant; for blessed art Thou unto the ages of ages. Amen.

And Then:

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
(3x)

Glory to the Father, and to the Son, and to the Holy Spirit.
Both now and ever, and unto the ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, wash away our sins.
Master, pardon our iniquities. Holy One, visit and heal our
infirmities, for Thy name's sake.

Lord have mercy. **(3x)**

Glory to the Father, and to the Son, and to the Holy Spirit.
Both now and ever, and unto the ages of ages. Amen.

Our Father Who art in the heavens, hallowed be Thy name; let
Thy kingdom come; let Thy will be done also on the earth, as in
heaven; Give us today our daily bread; and forgive us our debts, as
we also forgive our debtors; and let us not be brought into
temptation, but deliver us from the evil one.

Through the prayers of our holy Fathers, Lord Jesus Christ,
Son of God, have mercy on us. Amen.

Lord, have mercy. **(12x)**

More honourable than the cherubim, and beyond compare
more glorious than the seraphim, thee who without corruption
gavest birth to God the Word, the very Theotokos, thee do we
magnify.

To thee, the Champion Leader, we thy flock dedicate a feast
of victory and thanksgiving, as ones rescued out of sufferings, O
Theotokos. But as thou art one with might which is invincible,
from all dangers that can be do thou deliver us; that we may cry
unto thee: Rejoice, thou Bride unwedded.

The Dismissal

Through the prayers of our holy Fathers, Lord Jesus Christ, Son of God, have mercy on us. Amen.

And if the fantasy was of demonic influence, a priest may read this service and serve, and a layman may communicate. If, however, it occurred because of drunkenness, let them abstain from serving or communing, according to the Fathers, and seek counsel from the Spiritual Father.